The lecturer in exercise rehabilitation at CSU Bathurst has three coaches in Jakarta running the program. Former Bathurst pair, Rob Ballard and Andrew McCann, along with Dr Greg Wilson, a biomechanist from Southern Cross University, are Bird's strength and conditioning team in Indonesia. Wilson is chair of the Australian Strength and Conditioning Academic Advisory Panel which Bird is also on. Wilson is the principal physical consultant with Men and Ballard physical consultants.

Nothing is official, but Bird said that training the athletes would continue until July 30, when Indonesia hosts the 2011 Asian Games. A loose agreement with the INOC in Jakarta for May, has a verbal agreement to be set for the 11-day event.

McCann was initially appointed to four-month contracts back in May. INOC heavyweights were happy with their progress after a review in September. The contracts were extended until the 2007 Southeast Asian Games and now it appears likely they will be at the Beijing Games in August.

Bird said his trio have been instrumental in the training and track and field events with the INOC. He said that training the athletes has been enjoyable and they are probably too busy to notice. Bird said of his trio: "It's been amazing. Bird said we are very happy to be continuing our work in Indonesia."

Bird, Ballard, Wilson and McCann are busy working out the possibility of winning 45 medals at the Games. Bird said of his trio who are busy working with the INOC: "INOC president Rita Subowo is supportive of Bird and his team next year. CSU students may be involved in work placement programs."

Corcoran also attended the two-day course which was well received. Corcoran had received a school of human movement studies, faculty of education scholarship to attend and present at the course.

"We were so glad... it was huge, this sort of stuff is a really big deal in Indonesia," Bird said.

"It was pretty cool just to see how important this is to the Indonesian people. The university [CSU] has been fantastic and it's something we hope to continue, providing students with the chance to perform work placements in Indonesia."

Minett is also a strength and conditioning coach with WRAS. In his time in Indonesia, Minett worked in athlete testing and screening, along with injury prevention and training.

Communication is a big barrier for Bird. Learning to speak Bahasa Indonesia, the official language of Indonesia and widely spoken in urban areas like Jakarta, has been a challenge. Indonesia also caters for more than 350 languages. Bird heard a new Australian prime minister Kevin Rudd who said that a $15 billion program to improve the strength and conditioning programs.

Developing a talent identification program through Indonesian schools is a goal for Bird and his team this year. CSU students may form a big part of this.